



Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<i>Introduction to PE: Unit 1 6-week unit – (2 weeks consolidation of skills)</i>	A1: Sending and receiving: 6-week unit, 2 weeks consolidation) A1: Fitness: 6-week unit, 2 weeks consolidation	A1: Ball Skills: 6-week unit, 2 weeks consolidation) A1: Fitness: 6-week unit, 2 weeks consolidation	A1: Fitness: 6-week unit, 1 session fitness assessment. A1: Basketball: 6-week unit, 2 weeks consolidation / competition with Y4.	A1: Fitness: 6-week unit, 1 session fitness assessment. A1: Basketball: 6-week unit, 2 weeks consolidation / competition with Y3.	A1: Badminton: 6-week unit, 2 weeks consolidation) A1: Netball: 6-week unit, 2 weeks competition with Y6)	A1: Badminton: 6-week unit, 2 weeks consolidation) A1: Netball: 6-week unit, 2 weeks competition with Y5)
Autumn 2	<i>Fundamentals: Unit 1</i>	A2: Dance: 12-week unit (Half Elite)	A2: Dance: 12-week unit (Half Elite)	A2: Dance: 12-week unit	A2: Dance: 12-week unit	A2: Fitness: 6-week unit A2: Hockey: 6-week unit	A2: Fitness: 6-week unit A2: Hockey: 6-week unit
Spring 1	<i>Ball Skills: Unit 1</i>	S1: Net and Wall: 6-week unit S1: Target Games: 6-week unit	S1: Net and Wall: 6-week unit S1: Target Games: 6-week unit	S1& S2: Gymnastics: 12-week unit	S1& S2: Gymnastics: 12-week unit	S1: Dodgeball: 6-week unit S1: Dodgeball consolidation / interschool competitions with Y6	S1: Dodgeball: 6-week unit S1: Dodgeball consolidation / interschool competitions with Y5
Spring 2	<i>Games: Unit 1</i>	S2: Gymnastics: 12-week unit (Half Elite)	S2: Gymnastics: 12-week unit (Half Elite)	S1& S2: Gymnastics: 12-week unit S2: Handball: 6-week unit. S2: Dodgeball: 6-week unit	S1& S2: Gymnastics: 12-week unit S2: Handball: 6-week unit S2: Dodgeball: 6-week unit	S2: Dance: 12-week unit	S2: Dance: 12-week unit



<p>Summer 1</p>	<p><i>Dance: Unit 1 (Combine lesson 3 & 4)</i></p>	<p>S1: Striking and Fielding: 5-week unit S1: Invasion Games: 5-week unit, combine lesson 5&6.</p>	<p>S1: Striking and fielding: 5-week unit S1: Invasion Games: 5-week unit, combine lesson 2&3.</p>	<p>S1: Rounders: 5-week unit S1: Tennis: 6-week unit</p>	<p>S1: Rounders: 5-week unit S1: Tennis: 6-week unit</p>	<p>S1: Gymnastics 12-week unit</p>	<p>S1: Gymnastics: 12-week unit</p>
<p>Summer 2</p>	<p><i>Gymnastics: Unit 1</i></p>	<p>S2: Striking and fielding consolidation/ interschool competition with Y2 (cricket) S2: Athletics: 6-week unit</p>	<p>S2: Striking and fielding consolidation/ interschool S2: Athletics: 6-week unit</p>	<p>S2: Rounders consolidation / interschool competitions with Y4 S2: Athletics: 6-week unit</p>	<p>S2: Rounder's consolidation / interschool competitions with Y4 S2: Athletics: 6-week unit</p>	<p>S2: Athletics: 6-week unit. S2: Volleyball: 6-week unit / competition with Y6</p>	<p>S2: Athletics: 6-week unit. S2: Volleyball: 6-week unit / competition with Y5</p>